

WAVES

Wider Association for Vedic Studies

(Formerly 'World Association for Vedic Studies, India Branch')



A Multi-disciplinary
Academic Society

Registered under Societies Registration Act, XXI of 1860

Newsletter

Issue 11

Year 11

April, 2010

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ABOUT OUR WEBSITE

www.waves-india.com

Website of WAVES, India gives information about its history, nature, purpose, aims, objectives, chapters, membership, conferences, seminars, lectures, other academic activities, publications, prizes, reports of conferences, newsletter, photo gallery, governing council, standing committees, and forthcoming events. Please visit and give your feedback.

Please forward your suggestions,
comments to :

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WAVES announces

14th India Conference

on "Relevance of Ayurveda and Contemporary Challenges"

(AYURYOG 2011)

jointly organized with

Department of Sanskrit Studies, University of Hyderabad

at University of Hyderabad, A.P., India

on 21 Jan., 2011 to 23 Jan., 2011

THIRTEENTH INDIA CONFERENCE

CREATION AND EXISTENCE: INDIAN PERSPECTIVE



**Prof. R.K. Sharma welcoming Hon'ble
Shri Vasant Sathe**

The 13th India conference of WAVES was organized in association with the Department of Sanskrit, South Campus, University of Delhi from December 24 to 26, 2009 at Conference Rooms, Faculty of Arts, University of Delhi, South Campus, New Delhi. A number of dignitaries were present in the Inaugural session of the three-day conference on 24th morning. The Chief Guest, Hon'ble Shri Vasant Sathe, Former Cabinet Minister,

Government of India inaugurated the conference by lighting the lamp. *Mangalacharana* was performed by the Students of Delhi Public School, R.K. Puram, New Delhi. Dr. Shashi Tiwari, General Secretary, WAVES and Faculty member, Maitreyi College, University of Delhi introduced the guests and the theme of the conference- 'Creation and Existence: Indian Perspective' (*Srishti avam Sthiti: Bhartiya Paripreksya*). She informed the audience that Shri Vasant Sathe had also attended the first conference of WAVES along with Hon'ble President of India, Dr. Shankar Dayal Sharma. Professor Shiva G. Bajpai, California State University, Los Angeles, USA and Dr. Veda Pratap Vaidik, Renowned Political Analyst, New Delhi were the Guests of Honour. In the inaugural session, Professor G.C. Tripathi, Former HoD, Kalakosh, IGNC, New Delhi graced the occasion as the Keynote speaker. Professor Ram Karan Sharma, President, WAVES and Former VC, Sanskrit University, Darbhanga, and



**Prof. Lallan Prasad welcoming
Prof T.R.N. Rao**

EDITORIAL



We have great pleasure in presenting the eleventh issue of WAVES newsletter, covering brief reports of all activities held between April 2009 and March 2010.

Since its formation in 1997, WAVES has been providing scholarly insights to the fundamental principles of ancient Vedic wisdom, and has continued with its pursuit of understanding contemporary worldly issues through the prism of these key Vedic constructs. These values give us simple, effective and practical formulae to reorient our lives within the framework of truth, nobleness, non-violence and unconditional love. By walking in the footsteps of realized sages, we learn how to shed our limitations and live constantly in the blissful core of self.

This year we organized the 13th India Conference on 'Creation and Existence: Indian Perspective' at South Campus, University of Delhi, Dec. 2009. The conference received a wholehearted response from scholars and students from different parts of India and abroad. In addition to this, WAVES organized five other programs this year at Delhi. Activities held under the banner of WAVES Chapters are also mentioned in this newsletter.

Our members will be delighted to note that the proceedings of the 7th India Conference held at Pondicherry and the 12th India Conference held at New Delhi are printed in two different volumes in 2009 and 2010 respectively, by Pratibha Prakashan, Delhi.

As of this writing, WAVES is a strong academic body with 189 life members. Suggestions, comments and articles from members would be appreciated to further strengthen and keep the positive momentum going forward, in order to accomplish our intention of opening new vistas of learning in the field of Vedic Studies.

THE EDITORIAL BOARD

Dr. Shashi Tiwari

Mrs. Shashi Prabha Goel

Dr. Aparna Dhir

INDIA CONFERENCE



Release of Second Publication of WAVES by Chief Guest

the creation has been a major point of discussion. This world is in the form of extension of *Brahman*. It has no beginning and no end.

Hon'ble Shri Vasant Sathe released the second publication of WAVES entitled '*Harappan Civilization and Vedic Culture*' containing 37 research papers of the 12th India conference. The book is edited by Dr. Shashi Tiwari and prefaced by Dr. R.K.Sharma. Delivering inaugural address in the conference Honorable Shri Sathe said that Vedas are the foundation of knowledge. Upanishads present the essence of Vedas and Gita is the gist of Upanishads. The whole essence lies in the verse '*Ishavyamidam Sarvam*'. There is one Supreme Entity – one Supreme Being. '*Ma Gridhah kasyavid Dhanam*' was the motto of life. There are hundreds of suns in the Milky Way. One cannot imagine the vastness of the universe. It is human intellect only that perceives *Brahma* in any form. We look at God as human being with greater powers. Lokmanya B. G. Tilak has proved the period of Aryans through astronomical calculations. There was not idol worship in Vedas. Indian philosophy encompasses the entire knowledge. Quoting Tagore, he said 'the mind should be without fear...let my country awake.'

Professor Shiva G. Bajpai, Guest of Honor released the souvenir of the conference consisting of 125 abstracts of the delegates. Referring to the California textbook controversy he informed that the reference to Indian civilization in a school textbook had been very derogatory. He specified the need to present our religion and philosophy in such a way that is impressive and inspiring. Professor G.C. Tripathi, presented the keynote address. The topic is very comprehensive, and it is not possible to describe it in a small time, he said. '*Kastvam Ko'ham Kutah aayatah*'- every philosophy has tried to narrate its own view. The origin of world lies in pure consciousness '*Sat*'. While the seer of '*Nasadiya Sukta*' comprehends it in the form of one which is neither *Sat* nor *Asat*. That which remains thereafter is the cause of this world. God not created this world but himself entered the world. The notion of rebirth is based on *Karma* theory. The Vedic philosophy inspires us to rise above the material world and meet the Supreme Entity.

Dr. Veda Pratap Vaidik in his address discussed the fundamental question – how this creation came into existence? The answer has not yet been found. This very thought directs the activities of life. This is the basic question under deliberation in all the philosophies. In presidential address Professor Ram Karan Sharma quoting Shankara,

Sanskrit University, Varanasi presided the inaugural function of the conference. Welcoming the guests Dr. Mithilesh Chaturvedi, Associate Professor and In-charge, Department of Sanskrit, South Campus, University of Delhi laid emphasis on the selected theme of the conference. There have been two view-points regarding creation – one side looks at it from the scientific view, and the other from the philosophical view. But in Indian philosophy



Release of Souvenir by Prof. S. Bajpai and Prof. G.C. Tripathi

INDIA CONFERENCE



Scholars interacting in the 13th India Conference

raised the question – whether ocean and wave is different or indifferent. Whatever is *pratyaksha*, that is truth. With the combination of certain elements, this creation takes place. We have so many philosophies in Indian tradition. *Jijyasa* is the basic value. He presented the views of *Samkhya*, *Vedanta* and other philosophies in brief. Professor Lallan Prasad, Vice-President, WAVES, and Former Dean, faculty of A S S, DU, South Campus presented a vote of thanks to all guests and delegates. Quoting Jayshankar Prasad's *Kamayani* he said the topic is very important and very comprehensive.

In this three-day conference about one hundred and eighty delegates participated from different parts of India and abroad. Papers were presented by one hundred and ten scholars in nine sessions on the subjects:

- **Creation and Existence of Life on Earth (*Srishti, and Prithivi par Jivan ki Satta*)**
- **Vedic Views on Creation and Existence (*Srishti aur Sthiti par Vaidik Vichar*)**
- **Philosophical Views on Creation and Existence (*Srishti aur Sthiti par Darshanik Vichar*)**
- **Ancient Indian Scriptures on Creation and Existence (*Prachina Bhartiya Shastra : Srishti aur Sthiti*)**
- **Vedic Vision on Creation and Existence (*Srishti aur Sthiti per Vaidik Drishti*)**
- **Ancient Indian Wisdom (*Prachina Bhartiya Vidya*)**
- **Creation and Its Relation with Existence (*Srishti aur Uska Sthiti se Sambhandh*)**
- **Creation and Indian Views (*Srishti aur Bhartiya Chintan*)**
- **Cause of the Creation (*Srishti ka Karana-Tattva*)**

These sessions were chaired by Prof. T.R. Narasimha Rao, Center for Advanced Computer Studies, University of Louisiana, LA, USA; Prof. Dipti Tripathi, Former HoD, Dept. of Sanskrit, DU; Prof. S.P. Narang, Former Head, Dept. of Sanskrit, DU; Dr. Pravesh Saxena, Zakir Hussain College,

DU; Prof. Shashi Prabha Kumar, Special Centre for Sanskrit Studies, JNU, Delhi; Dr. Ramchandra Sharma, Nyaya – Vaisheshik Dept., SLBSRSV, Delhi; Prof. Bhaskarnath Bhattacharya, School of Vedic Studies, Ravindra Bharti University, Kolkota; Dr. Soma Basu, School of Vedic Studies, Rabindra Bharati University, Kolkota; Prof. Ganesh Dutt Sharma, Former Principal, Latpat Rai College, Ghaziabad; Dr. Urmila Chaturvedi, Philosophy Dept. BHU, Varanasi; Prof. Pushpendra Kumar, Former HoD, Department of Sanskrit, DU; Dr. Krishnaji Srivastava, Hindi Department, University of Lucknow; Dr. Urmila Rustagi, Miranda House, DU; Dr. Vedawati Vaidik, Sri Aurobindo college, DU; Prof. Asha Rani Tripathi, Former HoD, Sanskrit, NEHU, Shillong; Prof. K.K. Mishra, Former, HoD, Sanskrit, NCERT, Delhi; Mrs. Shashi Prabha Goel, Former Reader, SCERT, Delhi; Prof. Usha Choudhuri, Former Prof., Department of Sanskrit, DU.

Dr. Saroj Gulati, Laxmi Bai college, DU; Dr. Sunita Gupta, Gargi College, DU; Dr. Om Nath Bimali, Rajdhani College, DU; Dr. Asha Lata Pandey, Sanskrit Department, DPS, New Delhi; Dr. Pratibha Shukla, Sanskrit Department, Hindu Girls College, Sonapat; Dr. Meena Kumari, Miranda House, DU; Dr. Sateesh Kumar Mishra, Hansraj College, DU; Dr. Shakuntala Punjani, Department of Sanskrit, DU; Dr. Dhananjay Mani Tripathi, Sanskrit, Modi Deemed Institute, Lakshmangarh, Sikar moderated these sessions.

In plenary sessions Prof. Bhu Dev Sharma, Founder President, WAVES, USA, and Prof. of Maths, JIIT-University, Noida highlighted the '*Existence Of Life: A Vedic and Modern Scientific View*' and Professor Shiva G. Bajpai, Prof. Emeritus of History, University of California, USA spoke on the concept of '*Sachchidananda* (Reality, Consciousness And Bliss).

A number of renowned scholars participated and presented their papers in the parallel academic sessions. Some of them are Mahatma Gopal Swami Sarswati, Bareilly (UP); Dr. Vedagya Arya, Roorkee (Haryana); Mr. Subodh Kumar, Ghaziabad (UP); Dr. Ramanuj Upadhyaya, Delhi; Dr. Ramraj Upadhyaya, Delhi; Dr. Ramchandra Sharma, Delhi; Dr. Ravisankar Shukla, Delhi; Dr. Bhaskarnath Bhattacharya, Kolkota (WB); Dr. Sarita Bhatnagar, Moradabad; Dr. S. Siva Rambabu, Guntur (AP); Dr. Hemlata Singh, Patna (Bihar); Dr. S.C. Goswami, Delhi; Lt. Col. K.R. Murthy, Andhra Pradesh; Dr. Brijendra S. Shrivastava, Gwalior (MP); Dr. Raman, Ghaziabad (UP); Dr. Veda Vrata Aalok, Delhi; Dr. Prasoon Datt Singh, Ranchi (Jharkhand);



Student Session in the Conference

Dr. Archana K. Dubey, Vanasthali (Rajasthan); Dr. Saroj Bharadwaj, Delhi; Dr. Subhash Chandra, Ujjain (Rajasthan); Mr. N.C. Beohar, Mandla (MP); Dr. Krishnaji Srivastava, Lucknow (UP); Dr. Rajeshwari Rana,



Hon'ble Dr. Yoganand Shastri giving prize to Ms. Medha Sachdev

Jabalpur (MP); Dr. Dinesh Chandra Shastri, Haridwar (Uttarakhand); Prof. Urmila Chaturvedi, Varanasi (UP); Dr. Ramsamer Yadav, Lucknow (UP); Prof. Satyadev Chaudhary, Delhi; Prof. Yajya Prasad Tewari, Nagpur (Maharashtra). A

special session for students was organized on the second day where twenty six researchers presented their papers.

The Valedictory Function of the conference was held in the Conference Rooms - 115 of South Campus in the afternoon of Saturday, December 26, 2009. The session was chaired by Prof. Bhu Dev Sharma. The Chief Guest of the session was Hon'ble Dr. Yoganand Shastri, Speaker, Vidhan Sabha, Delhi Government, Delhi. Prof. Vachaspati Upadhyaya, Vice-Chancellor, S.L.B.S.R.S.V. Deemed University, Delhi was present as the key-speaker in the Valedictory session. Invocation was done by Dr. Ramsamer Yadav, Lucknow University. Dr. Mithilesh Chaturvedi introduced the guests and said- the aim of this conference was to create inquisitiveness into the origin of this creation and this conference has been successful to that extent. Dr. Shashi Tiwari welcomed the guests and informed that Honorable Dr. Yoganand Shastri has long association with WAVES, as he had inaugurated the tenth India conference, held at New Delhi. Professor Ram Karan Sharma presented

a copy of third publication of WAVES, international to Dr. Shastri. Prof. T.R. Narasimha Rao, University of Louisiana, USA and Prof. Mahavir, Vice-President, Uttarakhand Sanskrit Academy, Haridwar were guests of honour during the closing ceremony of the conference.

Professor Lallan Prasad in his welcome address mentioned that the three day conference has been successful with very productive negotiations and meaningful deliberations. Such discussions should be organized on a much wider scale. He presented a query before Shastriji – should our children not know about Indian wisdom? No country can progress by ignoring its own culture and scientific knowledge. About theme, he commented that we should not call it creation but a manifestation of the Supreme Lord. Shri Satya Dev Gupta's book, an English translation of *Ramacharitmanas* was released by Dr. Shastri. Chief Guest Dr. Yoganand Shastri appreciated the efforts of the organizers for organizing such a great conference where a unique theme is under consideration. He focused on the depth of Vedic concepts, referred to the mantra '*Catvari Shringah Trayosya Padah*' which is not easy to explain. Vedic concepts have not been clarified properly. We should not translate them literally, was his message. Prof. T.R. Narasimha Rao thanked the scholars and offered best wishes from WAVES-USA. We have a tremendous responsibility to extend the Vedic culture. We are losing our values. The bad aspects of western culture are coming here. We, as scholars of Vedic studies, have the liability of stopping this deterioration.

PUBLICATIONS OF WAVES

<p><i>Reference Book</i></p> <p>REVISITING INDUS-SARASVATI AGE AND ANCIENT INDIA</p> <p>Edition : 1998 Editors : Prof. Bhu Dev Sharma and Dr. Nabarun Ghose</p> <p>PRICE Rs.500/- for Non-Members Rs. 250/- for Members Rs. 1000/- for Libraries</p>	<p><i>Reference Book</i></p> <p>NEW PERSPECTIVES ON VEDIC AND ANCIENT INDIAN CIVILISATION</p> <p>Edition : 2000 Editor : Prof. Bhu Dev Sharma</p> <p>PRICE Rs. 500/- for Non-Members Rs. 250/- for Members Rs. 1000/- for Libraries</p>	<p><i>Reference Book</i></p> <p>CONTEMPORARY VIEWS ON INDIAN CIVILIZATION</p> <p>Edition : 2003 Editor : Prof. Bhu Dev Sharma</p> <p>PRICE Rs. 500/- for Non-Members Rs. 250/- for Members Rs. 1000/- for Libraries</p>
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WAVES has started publication of proceedings of its annual conferences.

First volume is available in the market:

CONTEMPORARY WORLD ORDER: A VEDIC PERSPECTIVE

(Ancient Indian Literary Heritage-I)

(Proceedings of the 7th India Conference held at Pondicherry)

Editor: **Dr. Shashi Tiwari**, Sub-Editor: **Dr. Alka B. Bakre**;

• Edition: **2009** • **PRICE: Rs.1,500/-**

• Publisher: Pratibha Prakashan,

7259/20, Ajendra Nagar, Shakti Nagar, Delhi-110007

Second volume is available in the market:

HARAPPAN CIVILIZATION AND VEDIC CULTURE

(Ancient Indian Literary Heritage-II)

(Proceedings of the 12th India Conference held at Delhi)

Editor: **Dr. Shashi Tiwari**, Preface: **Prof. Ram Karan Sharma**

• Edition: **2010** • **PRICE: Rs.1,795/-**

• Publisher: Pratibha Prakashan,

7259/20, Ajendra Nagar, Shakti Nagar, Delhi-110007



Valedictory Session of the 13th India Conference

Prof. Mahavir informed that Sanskrit now is the second national language of Uttarakhand. The member of all parties welcomed this information. Quotations from Vedas are sought when people go to attend international conferences. He stated that realization of self is the ultimate objective of life. Prof. Vachaspati Upadhyaya delivering the valedictory address informed that South Campus has been his *Sadhna-bhumi*. He appreciated the topic for discussion. Even God fears loneliness therefore this creation comes. But this is an ever challenging question. Let the question of creation remain unsolved. There can be disputes in *Annamaya kosha* but we see no debate in *Anandmaya kosha*. First we have to enlighten ourselves before looking into the Vedas. We need to rediscover our past. Wisdom is leading to knowledge

and knowledge leads to information only. It has to be reversed, said Prof Upadhyaya. .

Prof. Avanindra Kumar, Chairman, Award Committee, WAVES announced Shri Premnath Goel Memorial Award, 2009 for outstanding research papers presented by young scholars:

- I prize, Rs 3000/-, Dr. Medha Sachdev, Aligarh;
- II prize, Rs 2000/-, Ms. Vasundhra, Delhi;
- III prize, Rs 1000/-Dr Karmveer Arya, Moradabad;

Five Encouragement prize, Rs 500/- each : Mr.Tej Pratap Kushwaha, Delhi;. Km. Harsh Khatri, Haridwar; Dr. Dolly Jain, Vanasthali; Mr. Hareti Lal Meena, Delhi ; Mr. Kailash Chandra, Delhi

Professor Ram Karan Sharma highlighted that our whole existence is *Ananda* only. It was very inspiring that Sanskrit has been made the second language of Uttarakhand. We are obliged to Hon'ble Dr. Rajendra Prasad, President of India that we got Sanskrit based Hindi as the second language of India. We should keep this idea before other states too. Let us be Indian and proud of being Indian. Prof. Bhu Dev Sharma in his presidential address highlighted the importance of the subject which in fact, covers every mind and soul. We had so many participants from outside the country and other states of India belonging to various fields and subjects. We should be able to answer those who talk against Vedic culture. WAVES organization was established with this goal only. We have a market of ideas. We need to popularize it. Program concluded with a vote of thanks presented by Dr.Mithilesh Chaturvedi and Dr. Shashi Tiwari to the authorities, scholars participants and guests.

HONOUR RECEIVED BY THE LIFE MEMBERS OF WAVES

Prof. Vachaspati Upadhyaya, VC of SLBSRSV & WAVES GC Member, received 'Vishista Purashkar', 2009 from U.P. Sanskrit Sansthan, Lucknow.

Prof. Shashi Tiwari, HoD Sanskrit, Maitreyi College, DU & Gen. Secy., WAVES received 'Vishista Purashkar', 2009 from U.P. Sanskrit Sansthan, Lucknow.

Prof. Gangadhar Panda, Registrar, SSU, Varanasi & WAVES member received 'Vishista Purashkar', 2009 from U.P. Sanskrit Sansthan, Lucknow.

Prof. Avanindra Kumar, Former HoD, Sanskrit Deptt., University of Delhi & WAVES member received 'Presidential Award of Certificate of Honour in Sanskrit' 2007 from Hon'ble Mrs. Pratibha Patil, President of India.

Prof. Ramgopal, Director, Mandsaur Institute of Technology & President, Jodhpur Chapter received a Lifetime Achievement Award in The Health Summit-2010, New Delhi for promoting health and medicinal research.



Honour by UP Sanskrit Sansthan



Honour to Dr. Ram Gopal

CONFERENCES

Conferences in U.S.A.

- ★ **Indus Saraswati Age and Ancient India**
Atlanta (Georgia) USA, 1996
- ★ **New Perspectives on Vedic & Ancient Indian Civilization**
Los Angeles, USA, 1998
- ★ **Contemporary Views on Vedic Civilization**
Hoboken, NJ, USA, 2000
- ★ **India's Contribution and Influences in the World**
University of Massachusetts, Dartmouth, MA, USA, 2002
- ★ **India's Intellectual Traditions—Contemporary Global Context**
University of Maryland, Washington DC, USA, 2004
- ★ **Vedic Ideas for Global Harmony and Peace**
University of Houston, TX, USA, 2006

Conference in Nepal

- ★ **Vedic Traditions in South and South-East Asian Region**
July 12-13, 2003

Conferences in India

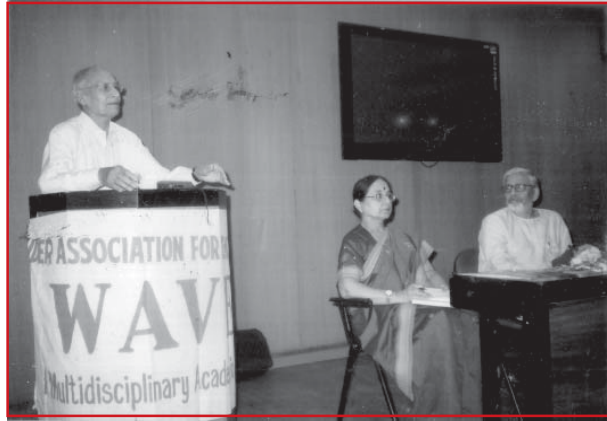
- ★ **Indian Identity and Cultural Continuity**
Dec. 27, 1997
- ★ **Ancient Indian Wisdom & Contemporary Challenges**
Dec 24-25, 1998
- ★ **Challenges of Modernity: The Vedic View**
Jan. 7-8, 2000
- ★ **State & Society : An Ancient Indian Perspective**
Dec. 15-16, 2000
- ★ **Vedic Wisdom & Global Issues**
Shri shailam
Dec. 28-30, 2001
- ★ **Vedic Intellectual Traditon : Modern Context**
Dec. 27-28, 2002
- ★ **Contemporary World Order : A Vedic Perspective**
Pondicherry
Dec. 27-29, 2003
- ★ **Science, Consciousness and Vedic Heritage**
Bangalore
Dec. 31 2004-2 Jan., 2005
- ★ **Approach to Health and Happiness in Indian Thought**
Jaipur
Dec. 16-18, 2005
- ★ **Cultural Consciousness in Ancient Indian Society**
Dec. 15-17, 2006
- ★ **Vedic Value System : Relevance and Contemporary Challenges**
Vrindavan
Dec. 14-16, 2008
- ★ **Harappan Civilization and Vedic Culture**
Dec. 24-25, 2008
- ★ **Creation and Existence: Indian Perspective**
Dec. 24-26, 2009

ACTIVITIES IN DELHI

SINDHU SARASVATI CIVILIZATION AND RIGVEDA

6th April, 2009

Indira Gandhi National Centre for the Arts (IGNCA), Delhi



Prof. S.P. Singh delivering Presidential Remarks

A Special lecture was organized under the joint collaboration of IGNCA, New Delhi and WAVES on Monday, 6th April, 2009 at lecture Hall, IGNCA. The renowned scholar and writer Shri Bhagwan Singh gave a talk on the topic 'Sindhu Sarasvati Civilization and Rigveda'. Vedic scholar Prof. S.P. Singh chaired the session. A number of well known Scholars and historians attended the program. The program started with the invocation by Dr. Sushma Choudhary. Dr. Vijay Shankar

Shukla from IGNCA introduced the speaker, guests and members of WAVES.

Shri Bhagwan Singh was felicitated by Prof. Bhu Dev Sharma with the presentation of a volume containing proceedings of the third International conference of WAVES. Dr. Saroj Gulati, life member of WAVES was also welcomed and felicitated for being the principal of Aditi College, Delhi University, Bawana. Shri. Dinesh Misra delivered the welcome address on behalf of WAVES, while Dr. Shashi Tiwari convened the program.

Shri Bhagwan Singh in his lecture emphasized upon the need of critical study of the Rigveda which is a store house of all sort of knowledge. Every type of technology is described or hinted in this text including the 'Chakra' and 'Hala'. *Nasadiya Sukta* of Rigveda cannot be revealed without the knowledge of 'Shunya'. Some Vedic mantras denote the concept of infinity too. He quoted a number of Vedic names to signify the highest intellectual concepts and values hidden in the hymns. The approximate age of Rigveda will go back to 5000 B.C. Rigvedic civilization was definitely started at the banks of might river Saraswati but was later shifted to Sindhu region. Rigveda provides the key to 'Sindhu Sarasvati civilization' which is generally called Harappan civilization. This civilization and Vedic literature are inter-related. Rigveda provides the base to understand Harappan civilization. We can find description of all most everything related to this civilization in the Rigveda directly or indirectly. The significance of Rigveda is so much that no one can describe it completely. The recommendation of agriculture was done by the Vedic Seers only to preach cultural values.

The lecture was followed by a very lively and informative discussion. Dr. Icharam Dviwedi objected on the meaning of certain words referred by the learned speaker. Replying on the question put by Dr. S.C. Goswami, Shri Bhagwan Singh explained that we find different types of hymns in Rigveda. Some reveal highest thoughts and must be considered 'Apaurusheya'. Prof. Pushpendra Kumar asked about the identification of Harappan script. Dr. Vivekanand Jha, Shri Subodh Kumar, Prof. Bhu Dev Sharma, Prof. Usha Choudhary, Dr. Ganesh Dutt Sharma, Shri Vidya Sagar Verma and Prof.. S. P. Narang also commented upon the lecture. Prof. S.P. Singh delivering his presidential remarks appreciated the lecture which has been totally based on the Rigvedic evidences. He said that speaker has thoroughly examined the facts in the background of archeology. *Pasupati* seal resembles the pictorial presentation of a Rigveda Sukta (1.64). *Sarparajni* hymn (10.189) of the Rigveda elaborates Kundalini Shakti. Prof. Singh said that the concept of Indra is very wide. He is described as an aspect which is omnipresent.

ACTIVITIES IN DELHI

Prof. G.C.Tripathi, Head, Kalakosha Division, IGNC giving concluding remarks appreciated the lecture and the various comments from the scholars. He said that always history is seen from the eyes of present. Today's lecture was significant in this regard because the learned speaker has presented literally evidences to understand the nature of most ancient Indian civilization.

HEALTH AND DISEASES IN THE VEDAS

3rd June, 2009

Arya Samaj, DAV Public School, R.K. Puram, New Delhi

WAVES organized a power point presentation on 'Health and Diseases in Vedas' by Dr. S.K.Mishra, Professor of Neurology, Keck School of Medicine, UCLA and Director of Neuro-muscular VA GLA and Olive view UCLA medical Center, Los Angeles, CA, USA at DAV school campus of R.K. Puram. Dr. Neera Vyas, Department of Preventive Cardiology & Rehabilitation, Escorts Heart Institute & Research Center of Delhi chaired the session. A number of well known dignitaries were present on this occasion. Program started with the invocation done by students. Introduction of invited speakers was given by Dr Shashi Tiwari and welcome of the guests was offered by Mr. Suryapal Singh, Secretary, Arya samaj.

Presenting his lecture Prof. S. K. Mishra said that there are approximately 6 Billion people in the world and approximately 60% people don't have proper health care. Positive Health by the year 2010 A.D. has been the goal of the W.H.O. Definition of health is given by W.H.O.: 'Perfect health is defined as

physical, mental and social well being, not only absence of disease and infirmity'. Recently spiritual health is also added by W.H.O. According to 'Sushrut' health is defined as balanced *doshas, dhatus,*



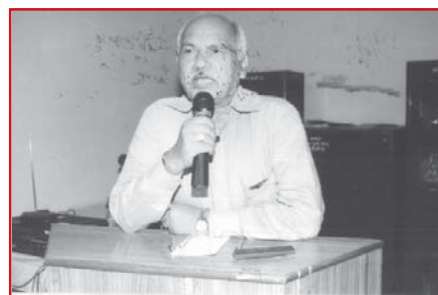
Dr. S.K. Mishra

digestive system and excretory system. In addition one must have happiness of sensory organs, mind and spirit. Vedic Seers had universal vision about health and for remedies of diseases.

The Rigveda talks about health, '*Devaan Devyate Yajna*'(15/12, Rigveda) - A person, who desires godliness, should worship gods and respect scholars. Another mantra from Rigveda (94/4) which is addressed to Agni prays for the sharpness and purity of mind for long life and freedom from sorrow- '*Jivatave Prataram Saadhyaa Dhiyoagne Sakhye Maarishaama Vayam Tav.*' Agni is requested to eliminate all our evil sins committed on the path of welfare and good. Yajurveda inspires us to indulge in good deeds. By doing so, one can acquire all sorts of development - physical, mental, personal and community development.

As the diet is so becomes the man- therefore one should eat pure food so that pure deeds follow automatically.

Main focus of Atharvaveda is Ayurveda 'science of life' Health and diseases have been discussed in all the four Vedas with focusing more on mental and spiritual health. Dr. Mishra referred that the purpose of Ayurveda is not to cure a particular disease but to bring each individual to his or her natural self-harmony. The primary goal of Ayurveda is to maintain good health and prolong life by homeostasis of the tripod *doshas, dhatus,* and *malas*. Its secondary goal is to cure diseases, '*Swaashthysya Swastaya Rakshanam*', '*Aturasuan Vikar Prashanamsch*'. According to Ayurveda health is natural and diseases are unnatural. Contemplation and meditation are practiced in Ayurveda not for spiritual enlightenment but for improvement of health, efficiency in action and management of stress. All these points prove the great and compact vision of Vedic seers about health. Current medical sciences should take benefit of these views, he concluded.



Dr. B.N. Sinha

Later on comments were followed by invited scholars. Firstly Dr. B.N.Sinha, Former Principal, Ayurvedik and Unani Tibbia College, Delhi University presenting special comments said that the root of all knowledge in medical science is Ayurveda. *Dharma* is not religion but duty. Ayurveda starts from kitchen. Purity should be maintained while working. Today yoga is considered as *asanas* only but one should know that it has eight different stages. Protection of health is the objective of all medical sciences. Shri Subodh Kumar referred to Rigvedic mantras which say that ultra violate rays of rising sun gives us health. He interpreted some mantras scientifically to prove the importance of milk of a cow that eats only green grass (*chara*). Prof. S.P.Narang shared some of his personal experiences to show the relevance of natural healing. Surrender to God leads one to happiness. We need to identify nature and its qualities. Dr. Ganesh Dutt Sharma clarified that Attarvaveda is not a later veda. 'We should live according to nature' is the message of Vedas.

Giving Presidential remarks Dr. Neera Vyas appreciated the speaker. She said that the concepts about health and nature must be very clear to get the benefit of our ancient knowledge. The talk was so inspiring that many types of questions were asked which made the discussion very lively. Concluding the program Mr. H.L.Kohli, President, Arya Samaj thanked the speakers, guests and audience.

परिचर्चा “संस्कृतवाङ्मये दिनचर्याचिन्तनम्”

२७-०६-२००६

दिल्ली संस्कृत अकादमी

उक्त महत्त्वपूर्ण विषय पर परिचर्चा का आयोजन वेक्स द्वारा दिल्ली संस्कृत अकादमी के सौजन्य से उसके ही सभागार में किया गया था। सर्वप्रथम माननीय अध्यक्ष महोदय श्री कुलानन्द भारतीय, पूर्व शिक्षा मन्त्री, दिल्ली सरकार के करकमलों द्वारा परिचर्चा का उद्घाटन हुआ। अपने उद्घाटन भाषण में श्री भारतीय जी ने कहा कि संस्कृत भाषा असम्भव को सम्भव कर देती है। ज्ञान, कर्म और भक्ति को महत्त्व दिया जाना चाहिए। हमारा रहन-सहन, खानपान अपनी संस्कृति के अनुरूप होने चाहिए। विशिष्ट अतिथि पद से बोलते हुए प्रोफेसर भूदेवशर्मा ने प्रतिपादित किया कि हमारी संस्कृति की दृष्टि दिनचर्या को भी प्रभावित करती है। हमारी दृष्टि वैज्ञानिक होनी चाहिए। आजकल मनोवैज्ञानिक अध्ययन सांस्कृतिक विशिष्टताओं को महत्त्व देता है। भोजन में शक्ति-तत्त्व और प्राण-तत्त्व का होना अनिवार्य है। भारतीय संस्कृति स्नान की संस्कृति है। शयन के समय में व्यक्ति के अनुसार अन्तर होता है पर छह घण्टे का शयन पर्याप्त है।

पूर्व कुलपति प्रोफेसर धर्मपाल आर्य ने अपने वक्तव्य में कहा कि आज राष्ट्र को हृष्ट-पुष्ट, संयमी, राष्ट्र-प्रेमी लोगों की आवश्यकता है। इसके लिए विशेष दिनचर्या आवश्यक है। दिनचर्या का सम्यक् पालन करने वाले लोग शतायु होते हैं। ब्रह्ममुहूर्त में जागरण करना चाहिए, फिर ईश-चिन्तन, बड़ों को अभिवादन, उषः-पान, अभ्यङ्गम् आदि प्रतिदिन करणीय हैं जो भारतीय संस्कृति के नियम हैं। आपने स्नान, व्यायाम, स्वाध्याय को नित्य सेवनीय बताया। दिनपर्यन्त कार्य करने के बाद शयन से पूर्व आत्मनिरीक्षण अवश्य करना चाहिए। डॉ. गणेश दत्त शर्मा ने अपने विचारों को व्यक्त करते हुए व्यक्ति के व्यक्तित्व तथा जीवन की सफलता को दिनचर्या पर निर्भर कहा। शर्मा जी ने राज्य की सफलता के लिए राजा की दिनचर्या के नियन्त्रण की बात कही। दिन और रात्रि के आठ-आठ प्रहरों में विभाजित काल के अनुसार राजा को दिनचर्या का पालन करना चाहिए।

डॉ. बी.एन. सिन्हा ने आयुर्वेद से जोड़ते हुए दिनचर्या का निर्देश किया। उनके अनुसार सूर्योदय से डेढ़ घण्टा पूर्व ब्रह्ममुहूर्त में उठना चाहिए। आपने भोजन से प्राप्त किये जाने वाले प्राण-तत्त्व का



श्री कुलानन्द भारतीय उद्घाटन भाषण देते हुए

प्रारम्भ रसोई-घर से बताया। शुद्ध घी एवं सरसों के तेल में बने भोजन तथा शाकाहारी भोजन के सेवन को अच्छा कहा। डॉ. सिन्हा ने झुककर प्रणाम करने को शरीर के

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लचीलेपन के लिए आवश्यक कहा। श्री सुबोध कुमार जी ने वेद में प्रतिपादित दिनचर्या का कथन किया। वहाँ गो-पालन एवं कृषि द्वारा सेवित जीवनशैली से न केवल स्वयं की अपितु राष्ट्र की सम्पन्नता भी कही गयी है। ऋग्वेद के अलक्ष्मी सूक्त में कथित है कि जब किसी व्यक्ति के पास एक गाय हो तो उसका क्षय नहीं होता। श्री कुमार का मन्तव्य है कि हिन्दुस्तानी मस्तिष्क इसीलिए तेज होते हैं क्योंकि यहाँ गायों का मुख्य आहार हरा चारा है जबकि अमेरिका में गाय सोयाबीन अथवा मक्का के आहार को ग्रहण करती हैं। हरे चारे के सेवन से गाय के दूध में ओमेगा ३ और अनसैचुरेटेड फैटी एसिड की मात्रा अधिक होती है, जिससे मानव-शरीर पूर्णतः स्वस्थ बनता है।

डॉ. सुषमा चौधरी ने आधुनिकता और भारतीय संस्कृति में विद्यमान रिवाजों को स्वरचित कविता द्वारा व्यक्त किया। डॉ. चाँद भारद्वाज ने दिनचर्या में ध्यान की आवश्यकता पर बल दिया। उनके अनुसार हम सबको सदा स्वयं को अद्वितीय जानना चाहिए। स्वस्थ रहने के लिए सदा परमात्मा के ध्यान में लीन रहना चाहिए। विशिष्ट अतिथि प्रोफेसर कमलाकान्त मिश्र ने अपने वक्तव्य में संस्कृत वाङ्मय के अध्ययन पर बल दिया। उनका मत रहा कि संस्कृत वाङ्मय में वर्णित आदर्श दिनचर्या के पालन से आदर्श जीवन सम्भव है।

विशिष्ट वक्ता डॉ. श्रीधर वशिष्ठ ने मत व्यक्त किया कि भारत एक सात्विक क्षेत्र है और शाकाहार से सात्विकता आती है। हमारी संस्कृति में सदा ही घर में बनाये गये भोजन के सेवन पर बल दिया गया है। यही कारण है कि विदेशी शासकों ने हमारे ग्रन्थों को जला दिया परन्तु हमारे विद्वानों ने उन्हें पहले ही कण्ठस्थ कर लिया था। इस कण्ठस्थीकरण की सामर्थ्यता का मुख्य कारण हमारी सात्विकता थी। प्रस्तुत कार्यक्रम का कुशल संयोजन वेक्स सचिव डॉ. शशि तिवारी के निर्देशन में हुआ।



वेक्स के न्यूज़लेटर का विमोचन

अन्त में दिल्ली संस्कृत अकादमी के सचिव डॉ. सुरेश चन्द्र शर्मा ने सभी वक्ताओं, अतिथिगण एवं श्रोताओं के प्रति धन्यवाद-ज्ञापन किया।

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ABOUT INTRODUCING SHRIMADBHAGVADGITA IN THE CURRICULUM OF AN AMERICAN UNIVERSITY AND ITS RELEVANCE IN BUSINESS MANAGEMENT

24th July, 2009

Conference Hall, Rashtriya Sanskrit Sansthan, New Delhi

A special lecture of Professor A.D. Amar, Professor of Management, School of Business, Seton Hall University, NJ, USA was organized jointly by Rashtriya Sanskrit Sansthan and WAVES under the chairmanship of Professor Radhavallabh Tripathi Vice-Chancellor, Rashtriya Sanskrit Sansthan. As invocation, *Saraswati vandana* was performed by the four students of Bharti College under the guidance of Dr. Kanta Bhatia. Professor Lallan Prasad, Vice-President, WAVES formally welcomed the chairman and the speaker. He stated that a successful performance at work is called 'yoga' in Gita. Gita presents a detailed description of a *Sattavika* person, who is mostly looked-for in the modern society. Sanskrit literature is indeed rich in such ideas. Dr. Shashi Tiwari convened the program introducing dignitaries and the audience.

Dr. A.D. Amar began his presentation with the remarks that interest is growing in the foreign countries about Gita. There are many factors in Gita which are most relevant to management. He concentrated on the perennial questions in the society for which answers can be obtained from Gita. The 'core' courses at Seton Hall University are called signature courses, aiming at transformation of human journey. This University is a catholic University. During 60's



Scholars interacting

the education became value-free education, so the knowledge about right-wrong, truth-falsehood was not the part of education. But this University began with the aim to revitalize the mind, the heart and the soul. The University has nine colleges and this course is compulsory to all. It was a big fight for getting this course introduced. The newspapers highlighted the course and covered about it very widely. Swami Shantananda from Chinmaya Ashram in New Jersey co-operated in the workshops. Every year the number of students is increasing. In USA many universities have Sanskrit Departments with the teachers who are not Hindu. Interest in Sanskrit literature is growing in western societies.

Dr. Amar quoted some *shlokas* of Gita which have deep meaning for management. Gita 2.69 says when all are asleep you have to look for the opportunities. One has to go in for innovations. *Shloka* 4.37 of Gita shows the importance of competition. You have to apply knowledge, knowledge economy. *Shloka* 6.35 of Gita hints the theory of behavior modification. You have to ensure that people put their minds into the work and that guidance comes from Gita. The *Shloka* 'karmanyavadhikaraste ma phaleshu kadachan' says action is important not reward. You may punish or reward yourself. The SRR theory is challenged by Gita. Your reward is the joy you get by doing that innovation. This knowledge comes from *Shloka* 5.22 of Gita. The senses give pleasures for pain only but an intellectual pursuit gives you the real joyfulness.



Prof. A.D. Amar delivering his talk

Shri. N.K. Sagar added that if we read Patanjali and then Gita, the facts become clearer. Professor S.P. Narang commented that the fundamental spirit of Gita is towards being a *yogi* and not for having a materialist attitude. Upanishads are on a higher platform. Dr. Amar replied Seton Hall University has a department of Asian Studies too. Courses are there including Rigveda, Upanishads etc.

Dr. Ganesh Dutt Sharma remarked that Vedas are the fountain-head of all knowledge. Dr. Shashi Tiwari commented that Gita is the essence of Upanishads and Upanishads are the essence of Vedas, therefore, selection of Gita as core course is quite a wise step.

Chairman Professor Tripathi thanked the organizers for arranging this lecture. He quoted Swami Vivekanand's lecture at Chicago where he stated that Gita is the foundation of all other religious thoughts. Prof. Tripathi highlighted the holistic approach of Gita for our life. Nothing is in isolation there. All our Shastras proceed from this fundamental concept that everything in the universe is inter-connected. Western approach is fragmented one. The completeness can be achieved only through Gita. Gita had been the guiding spirit behind the whole struggle of Indian independence. It motivated the *Satyagrahis*. He recommended the study of Kautilya's Arthshastra for the management students. Dr. Shashi Tiwari presented a vote of thanks to all including Prof. Amar, Prof. Tripathi and RSKS.

MEMBERSHIP OF WAVES IN INDIA

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Annual membership fee : \$ 10.00 or Rs. 450.00 for one calender year.

Please make cheques payable to 'Wider Association for Vedic Studies'

YOGA IN THE VEDAS

31st October, 2009

Delhi Sanskrit Academy, New Delhi

A special lecture on Yoga was organized by WAVES in association with the Delhi Sanskrit Academy on 31st



Scholars with Swamiji Divyananda Ji

October, 2009 in the conference room of Sanskrit Academy. Dr. Suresh Sharma, secretary, Delhi Sanskrit Academy welcomed the guests. The program began with *Vedic Manglacharan* performed by the students of Shrinivas Sanskrit Vidyalaya. Ms. Sangita Sharma, Delhi University presented *Saraswati vandana*. The guests were requested to spread the light of knowledge by lighting the lamp. Swami Divyananda Saraswati, President, Patanjali Yogadhama, Haridwar as the chief speaker said that Vedas contain the essence of all sciences. Hiranyagarbha was the first *acharya* of Yoga. Yoga consists of eight parts. Yogic performance creates vibrations which help to concentrate. Firstly the body has to be pure, which can be done by *Pranayama*, diet habits and observing *Yama* and *Niyamas*. There are nine obstacles to Yoga as *Vyadhi- Adhi, stress*, various engagements etc.

The body consists of five layers called '*Pancha-koshas*'. First is *Annamaya Kosha* which is basis for all *Koshas*. For the health of body, good food, sleep and discipline is required. Second *Pranamaya Kosha* is regarded as the *Atma* of *Annamaya Kosha* where ten types of *Pranas* work- five major and five minor. These *Pranas* keep body active and fit. Third is *Manomaya Kosha* which is constituted by the pervading mind. Five sense organs of action come under this *Kosha*. By controlling mind one can concentrate on high ideas. *Prajyana, Chetas* and *Driti* are three aspects of mind. Fourth is *Vijyanmaya Kosha* where intellect is most important. Through it, one obtains knowledge. Intellect can be purified by milk of cow and other *Panch Gavayas*. Fifth is *Anandmaya Kosha* which is filled with golden light. By purifying this *Kosha* one can achieve self realization through meditation and *Samadhi*. The description of five *Koshas* is there in Vedas. We can collect important points in this regard from Vedic verses. Later on *Astanga Yoga* was developed from these Vedic references.

ACTIVITIES IN DELHI

Commenting upon the lecture Dr. Vedawati quoted Upanishads as real source of Yoga. Col. R.L.Verma said that by controlling the mind one can control sleep. Shri Kaushal Narayan Arora asked about the effect of *Yajya*. Dr. Ved Vrat Alok mentioned that Vedas are not limited to four *Samhitas* only. Shri Vidya Sagar Verma recited the poetic translation of some Yoga-sutras.

Dr. Ganesha Dutt Sharma explained that the entire Yoga was in the minds of *Rishis* but it has a very wide connotation. Many verses deal with all the *Koshas*. Yoga is the unity of body, mind and soul. Dr. Subash Vidhyalankar, former VC stated that Vedas are not for Yoga but Patanjali gave it a shape on the basis of Vedic mantras..

Prof. Shridhar Vasistha, former VC appreciated the efforts of Baba Ramdev who made Yoga popular in the world. We accept western theories and medicines. We have lost faith in our original sciences that should to be renewed. Engineer Saurabh Kwatra from USA informed that many medicines based on *Ayurveda* are sold in America. Dr. Bhu Dev Sharma said that China and Japan have developed the practice of *Dhyana* which discloses the knowledge of past and future.

Dr. Pushpendra Kumar congratulated the speaker for highlighting certain hidden aspects. He told that he practiced Yoga since childhood and appreciate its popularity in foreign countries. Dr. Kamal Kant Mishra delivered his address, said that the present lecture is an eye-opener. He emphasized to popularize the Indian knowledge. There is a need for merging the self with the supreme entity. All means are important. *Bhakti* also has its own importance. In presidential address, Dr. Shrikrishna Semval, Vice-president, Sanskrit Academy highlighted the importance of *Puranas* to make the Yoga popular by discussing it variously. Students should be aware of such type of knowledge. *Kundalini Jagran* is the foremost step towards Yoga.



A View of Audience in Academy Hall

WAVES CHAPTERS

MUMBAI GOA CHAPTER

On 9th Dec 2009 a get-together of the members of Mumbai Chapter with Dr. Shashi Tiwari was organized by Dr. Jagdish Luthra (P.R.O.) at Gallery, MIG Cricket Club, Mumbai. Dr. Mrs. Alka Bakre, WAVES G.C.



(L-R) Standing—Mr. S.S. Azad, Dr. R.N. Singh, Mr. Tewari.
(L-R) Sitting—Dr. Luthra, Mrs. Luthra, Dr. S. Tiwari, Retd. Major Oka

member also attended this meeting. On this occasion Goa-Maharashtra Chapter of WAVES was formally inaugurated. Dr. Tiwari explained the aims and objectives of WAVES and its chapters. Dr. A. Bakre and Major A.P. Oka also addressed the members.

MUMBAI GOA CHAPTER GOVERNING COUNCIL

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Treasurer—Shri R.S. Sharma; **P.R.O.**—Dr. Bhupendra Pandya (Ph: 09413252527); **Members**—Prof. M L Mathur; Prof. O.P.N. Calla; Dr. A.S. Faroda; Dr. Thakur Dutt Joshi; Dr. Hemant Sharma, Dr. Renu Shah and Dr Ghanshya Prasad Vaishnav.

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BANGALORE CHAPTER

The Bangalore Chapter of WAVES is continuing its activity of serving the Vedic studies by organizing conferences, seminars and workshops and short and long term courses on Veda and its successive literature. Like earlier years, this year also the Bangalore Chapter organized many programs for academic and traditional learning of Veda. In the month of June, it organized its annual Day. The NVAK, Bangalore and WAVES—India celebrated a two-day program from 13th -14th June, 2009 on the theme on 'Puranas:- Science, Symbolism and Sprituality' and 'Sapta Vaggeyakaras day' at the B.V. Rathanaiyah Setty Auditorium, V.E.T. Polytechnic, J.P.Nagar, Bangalore. The Annual Souvenir 'Veda-Ganga' Volume 15 and a publication on the 'Vedaadhyayana Kendra: 'Bird's Eye view on its spiritual Path', were also released.

The program was inaugurated by Dr. Thimmappa former Vice-Chancellor of the Bangalore University. Sri Munnikrishna I P S was on the Chair. Keynote address was given by Sri Sri Prasanna Venkatachariar Caturvedi on Puranas, Vaggeyakaras and musicology. Several other scholars—Dr. C L Prabhakar, Dr. Arun Upadyaya, Dr. T.Seetharamalakshmi, Dr. Vanita, and Dr. Radha also presented their research papers. More than twenty papers were presented in this seminar.

There was also renderings of the *kirtanas* of the respective *vaggeyakaras* in chorus by 15 eminent musicians with Dr. T.S.R. Lakshmi. On this occasion, Vedic scholars—Sri. Sri. Prasanna Venkatachariar Caturvedi, Sri.Mallepuram. G.Venkatesh and Sri.Nanjunada Sastry were honored with the title "Vedasri". Smt. Lalitamma compered the whole program.

Besides monthly lectures on the various Puranas by learned Scholars, several other academic and religious functions were organized by the Chapter round the year. From October to December, a short term Vedic Foundation Course was organized by the WAVES every Sunday.

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A Section of Audience on 06-04-2009



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